## **Embodied Neurobiology Virtual Learning Environment Guidelines**

## **Course Completion**

Students are required to fully attend 90% of all live sessions on Zoom (no late arrivals or leaving early) to receive a certificate of completion.

## **Technical Requirements for Class Participation**

All participants will need to have strong, consistent internet access. Please be sure that you are viewing the online class from a Zoom account that is fully up to date.

This is an interactive class with experiential movement, so students in the class will need to use a computer to see everyone. Have your camera on with space for movement nearby, and your phone ready and silently on to access in case you have internet, computer, or audio problems.

The Zoom platform that we meet on is HIPPA compliant. We will inform you prior to any recording of specific content portions of online classes. We will not record experiential movement or processing sessions, which are essential to class participation.

If instruction of any portion of an Embodied Neurobiology course is disrupted due to unresolvable technical problems, it will be rescheduled with input from students.

## **Instructional Methods**

The course will include lecture, group discussion, project learning modules, and experiential learning. Students should come prepared with readings and modules/assignments completed as scheduled before the online synchronous intensive begins.

- Although we are not in a physical classroom, the virtual environment is carefully respected as a learning environment. We will have experiential engagement during each session.
- Find a quiet, well-lit space prior to logging onto the live session. Keep any external distractions to a minimum.
- Your webcam should be operational and you visible on camera at all times during class.
- Chat function is enabled only for a specific portion of the class to support focus in the learning process.
- Cell phones should be in the off or silent position during class time.
- Make sure that your Zoom account is updated as failure to do so can affect the reception of others in the class (e.g., generating unwanted echoing).
- Punctuality is vital. We will begin and end on time. If you are having technical problems getting into class, please text the number that is provided by email before the class begins.

If any aspects of these requirements are not possible for you, please inform us. If there are serious concerns, you can be directed to a different class that will work better for your specific needs.